Transformational Mothering is a Mom’s Choice Award winning book for new mothers and babies. Beautifully written prayers, stories, poetry and affirmations, support new moms through pregnancy and their first years of motherhood. Premature birth, NICU and adoption journeys included. A compassionate gift.

“Spiritual help for frazzled mothers….this gentle spiritual book offers words of wisdom to all kinds of new mothers.” - Kirkus Discoveries

***Available from Amazon***

The Ballyeamon Cradle Song

Rest tired eyes a while
Sweet is thy baby's smile
Angels are guarding and they watch o’er thee

Sleep, sleep, grah mo chree*
Here on you mamma’s knee
Angels are guarding
And they watch o’er thee

The birdeens sing a fluting song
They sing to thee the whole day long
Wee fairies dance o’er hill and dale
For very love of thee

Dream, Dream, grah mo chree
Here on your Mamma’s knee
Angels are guarding and they watch o’er thee
As you sleep may Angels watch over
And may they guard o’er thee.

The primrose in the sheltered nook
The crystal stream the babbling brook
All these things God's hands have made
For very love of thee

Twilight and shadows fall
Peace to His children all
Angels are guarding and they watch o’er thee
As you sleep
May Angels watch over and May the guard o’er thee

* Gaelic for “sweetheart”

***Available from Amazon***

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